



Dona Flora

HERBS & FLOWERS



Body Care Products

Gardener's Salve

Like any gardener I have always had trouble with dry and cracking hands, so, I developed a salve especially for gardeners — or anyone who needs a deep penetrating moisturizer.

Gardener's Salve contains herbal oil, made with calendula, comfrey, chickweed, echinacea and other herbs. We add lanolin and beeswax to thicken and enrich; vitamin E oil to preserve, and essential oils for a wonderful scent. I hope you'll find as much relief from our Gardener's Salve as I do.

Skagit Salve

Lavender scented with aloe vera added for an extra soothing salve, Skagit salve is a local favorite for moisturizing and repairing dry, chapped skin.

Simple Skagit

After years of making special batches for my sensitive friends, I designed this salve just for them. Simply scented with a fresh pine scent, it contains only olive and safflower oils, vitamin E oil, beeswax and essential oil.

Calendula Salve

Calendula flowers, olive and safflower oils are combined with lanolin, aloe vera, and vitamin E oil to make this simple but effective salve.

Baby Balm

Our brand new salve for babies is formulated from organic extra virgin olive oil and our own calendula, plantain and comfrey. Vitamin E oil, organic essential oil of lemon with a little local beeswax completes this gentle formula. Moisturizing, repairing, and protecting tender baby skin, Baby Balm is great for the entire family.

Warming Salve

Eucalyptus, peppermint, pine and thyme oil blended with olive oil and other ingredients make this an effective yet mild rub for breaking up mucus in the chest, clearing sinuses and easing tired muscles.

Muscle & Joint Rub

A warming rub with ginger, tumeric and other warming herbs for soothing aching muscles and joints.

Dona Flora salves offer a blend of herbal nutrients traditionally used to help stimulate the healing of external wounds, minor injuries and skin rashes. In a base of olive and safflower oils, the herbal blend's restorative properties work together to nourish your skin and are effective in protecting and repairing chapped, dry or cracked skin. All of our salves contain organic and/or wild crafted herbs, many of which are harvested

Rose Cream

A nutritive cream scented with attar of roses and packed with wonderful ingredients for rejuvenating and moisturizing the skin such as avocado oil, rose hip seed oil, calendula oil, St. John's wort oil, aloe vera oil, tincture of fresh roses and more.

Lavender Face Cream

Face cream features herbed olive, avocado, rosehip seed, aloe vera oils, cocoa and shea butter, fresh calendula tincture and other ingredients and is great for moisturizing and repairing the face as well as the body.

Rosemary Eye Cream

Eye cream contains many of the same ingredients as the face cream with touch of witch hazel tincture for added astringency.

Jasmine Cream

A rich combination of skin moisturizing, nourishing, repairing and rejuvenating ingredients, featuring Avocado, Almond, jojoba, Rosehip seed, herbal olive, vitamin E and aloe vera oils, shea and cocoa butter, floral waters and pure jasmine oil for a divine scent.

Blue Moon Lemon Face Cream

Rejuvenating cream with the wonderful astringency of blue chamomile and the soothing qualities of chickweed with a fresh lemon scent.

Foot Cream

Our foot cream is full of herbs traditionally known for their anti-fungal properties such as thyme, chaparral, sage, wormwood & cedar.

Foot Massage Cream

Lavender scented with a hint of ginger, pine and peppermint, our foot massage cream is blended in a base of walnut and olive oil and has a smooth texture that leaves your feet feeling fresh and invigorated.

Massage Oil

Our massage oils are a combination of soothing herbs in a base of olive and walnut oil. We offer 9 fragrant essential oil combinations and are glad to prepare made to order blends. We offer this product in 4 oz bottles of either glass or plastic.

Citrus, Lavender nights, Rose, Far East, Herb, Spring fever, Warm glow, Winter spice and Forest.

Lip Balm

Our lip balm is made with herbed olive oil, lanolin, beeswax and essential oil for a protective, aromatic and soothing feel. We offer this 1/3 oz tin in mint, citrus, rose or lavender.

Liniment

A strong warming oil for sore muscles and joints, spasms or cold feet, Dona Flora liniment is one of our best sellers featuring camphor, wintergreen, cayenne, mustard, St. Johnswort and other herbs traditionally used for reducing inflammation and relieving pain.

Soothing oil

The ideal companion to a first aid cupboard, Soothing oil contains arnica, calendula and St Johnswort. These are traditional herbs for acute conditions such as strains, sprains, contusions, hyperextensions, and other muscle or skeletal traumas.

Belly Oil

Our new Belly Oil has calendula, comfrey, and chamomile in an organic olive oil base. With vitamin E oil added, it makes a wonderful softening belly rub to help minimize stretch marks during pregnancy.



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Holiday Bath & Body Care Products

Bath and Facial Herbs

Scented flowers and herbs blended from our own herbs and selected exotics are an all-natural potpourri as well as soothing and relaxing additions to your bath.

Also, try them in a foot soak or for a facial steam. Available seven blends: Floral Delight, Citrus Medley, Sensual Pleasures, Forest Fresh, Herbal Toner, Rest Easy and Fresh and Tingly.

For Bathing

Place 1/2 cup herbs in a muslin bag or tie them into a handkerchief and let steep in the bath water with you. Use as a skin scrubber.

For a Foot Soak

Simmer 1/4 cup herbs in a non-metal pan for 10 minutes. Strain into a tub big enough to soak feet in. Add water to the right temperature. Place feet in the tub and cover with a towel to keep the steam in.

Clay facial

Clay is renowned for its ability to open and cleanse facial pores. Our clay facial has layers of various cosmetic clays and herbs in a clear jar and makes a beautiful gift for anyone who loves an herbal facial.

Bath Oils

One of our newest products, Dona Flora Bath Oils blend grape seed oil, herbs and blended essential oils for a divine bathing experience.

Available in Winter Rosemary, Regal Rose, Sweet Sage, Lemon Eucalyptus and Lavender Spice.

Bath and Body Powder

Formulated with Arrowroot powder, herbs and a touch of essential oil, our bath and body powders are soothing and aromatic. Thyme Foot powder, Calendula Baby powder., Lavender After-bath powder, and Rose After-bath powder.

Bath Elixir

Our skin softening, refreshing bath elixirs come in beautiful heart shaped glass bottles and make excellent gifts any time of year. Available in Rose, Lavender, Rosemary and Lemon.

These products are made in small batches especially for holiday shows, so individual varieties may be sold out. Please list second and third selections of these items.

Salt Bath Crystals

A soothing blend of mineral salts, available in Wild Iris Lavendar, Sooth Herb, Enchanted Forest and Ginger Rose.

Hand Lotion Bars

Our new hand lotion bars have all the great herbal ingredients found in our salves as well as cocoa and shea butters and come in a variety of scents and fun shapes. Available in Tree Frog, Flower Garden, Citrus, Herb Garden, Lavender, Rose, Rosemary, Merry Mint, South Seas, Wintergreen, Spring Fever, Gardener's, and Forest.

100% Olive Oil Soaps

Our soaps are made with pure olive oil, home grown herbs, quality essential oils and other natural ingredients.

Gardener's

Dona Flora corn meal, emmollients, scented the same way as the Gardener's

Salve. Skagit Lavender

Aloe vera, lanolin, lavender flowers and essential oil.

Honey Bee

Honey, wheat germ and bee pollen, unscented.

Citrus

Ground citrus peel scented with essential oils.

Rose

Ground rose petals, whey, and essential oils.

Calendula

Calendula petals, aloe vera and lanolin, unscented.

Sensual

Jasmine, orange peel, roses and vanilla.

Rest Easy

Relaxing flowers and herbs, scented with essential oils.

Fresh & Tingly

Stimulating herbs, fennel and essential oils.

Thyme

Thyme leaves and essential oil.

Forest

Tree needles, herb leaves and essential oils.

Rosemary

Rosemary leaves and essential oil.

Sage

Sage leaves and essential oil.



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Edibles

Vinegars

Made with wine or apple cider vinegar and organic, local produce and herbs as available. We use the cold steep method and let time pull the flavors into the vinegar. We also use as many herbs as we can to give the vinegar a strong flavor, then remove most herbs at bottling time to give you as much volume and concentrated flavor as possible. We add no sugar, salt or MSG to any of our vinegars.

Blackberry

Luscious taste of fresh blackberries made with apple cider vinegar.

Raspberry

Skagit Valley raspberries. A salad and dessert favorite made with white wine vinegar.

Skagit Berry

The best of Skagit Valley cultivated and wild berries blended to perfection in white wine vinegar. Try with basil spice olive for a wonderful salad dressing.

Blueberry

A warm rich taste of local blueberries and apple cider vinegar.

Lennings' Berry

A medley of seasonal berries including lingonberry, boysenberry, currant & gooseberry in white wine vinegar.

Basil Blend

A blend of six basil varieties in white wine vinegar.

Bon Appetit

A white wine vinegar salad blend containing basil, sage, fennel, mint and other herbs reputed to be helpful for digestion.

Chive Flower

A subtle chive scented white wine vinegar especially fine for pasta and green salads.

Dill

Dill leaves and seed in apple cider vinegar. For dill lovers everywhere.

Nestled in the heart of the beautiful Skagit Valley, Dona Flora brings you an array of culinary Vinegars formulated by our Master herbalist. We cold steep the finest local organic herbs & produce as available with Cider or Wine Vinegar using only time to enhance flavor & clarity.

Epicurean

Our lively salad blend with tarragon, shallots, rosemary, thyme, pepper and other herbs in white wine vinegar.

French Lavender

Steeped in red wine vinegar, the rich floral scent compliments Italian tomato sauces.

Garden Delight

A super salad variety with flower petals, herbs, raspberries and white wine vinegar blended just so.

Ginger Mint

Excellent for fruit or green salad, made with apple cider vinegar.

Hot and Spicy

A concentrated blend featuring pepper, horseradish, hot peppers, garlic, and nasturtium flowers in white wine vinegar. A great addition to soups.

Italian

Our red wine vinegar blend with basil, garlic, oregano, rosemary and other Italian herbs. Delicious in soups, dressings and sauces.

Marinade

A full-bodied blend for marinating meats and poultry, made with red wine vinegar, garlic, pepper and herbs.

Mexican

A blend of cilantro, garlic, oregano, savory, cumin, peppers and other herbs in white wine vinegar. Especially good in salads and dips with beans.

Northern Lights

This salad blend containing caraway dill, chives and other herbs gives a Scandinavian flair. Made with white wine vinegar.

Oriental

A white wine vinegar blend featuring cilantro, garlic, perilla and hot peppers, makes a zesty addition to your next pasta salad or stir-fry.

Pick a Pepper

A valley favorite blending herbs, hot and sweet peppers, garlic and shallots in white wine vinegar. Yummy on salads or steamed vegetables.

Scented Geranium

Light and citrusy lemon flavor for fruit and green salads. Made with white wine vinegar.

Super Tarragon

Tarragon with a touch of vanilla and mustard seed in cider vinegar. Great in Salads.

Taste of Summer

A salad blend of summer herbs...basil, salad burnet, tarragon and dill in white wine vinegar.

Skagit Rose

A fine flavor in salads and desserts, and to scent bath water. Made with white wine vinegar, wild and Northwest roses.

Decorative Hot Pepper Vinegar

A jar packed with our own hot peppers in a white wine vinegar base.

Elixir Extraordinaire

Elixir Extraordinaire is a powerful blend of immune enhancing and strengthening ingredients in an organic apple cider vinegar base. Contains a concentrated blend of organic garlic, onions, ginger, hot peppers and horseradish.

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Seasoning Blends

Bean Supreme

A boon to any bean dish. Great in Mexican recipes, in dips and on popcorn. (Contains EPAZOTE, which is traditionally used in Mexico to help break down the starch in the beans.)

Italian

For lovers of olive oil and garlic. Use it in sauces, dressings, soups, stews, cheese dishes and bread. Delicious added to butter, too!

Lemon Pepper

Elegant in fish and poultry dishes, marinades, vegetables and dressings.

Hot Peppers

A special cut and blended collection of Dona Flora grown sweet and hot peppers.

Hot Salsa Mix

Dona Flora hot and sweet pepper blend mixed with onion, garlic and herbs. Add to chopped fresh vegetables for salsa or dip.

Four Seasons

Our new all purpose seasoning is a healthy and tasty alternative to salt and is excellent on popcorn. Garlic, onion, cumin and kelp help make up this mineral rich, salt-free seasoning.

Mulling Spice

Cinnamon, cloves, allspice, cardamom and nutmeg are just a few of the ingredients in our new Mulling spice seasoning. It is delightful in hot apple cider or mulled wine.

Rainbow Peppercorns

A beautiful collection of select and organic peppercorns.

Sweet Spice

Our own blend of the highest quality cinnamon, nutmeg, allspice, cloves, ginger and mace beautifully compliments pumpkin pie, applesauce and pie, puddings, fruit cake and all of your favorite fall and winter cooking.

Teas

Our tea blends have evolved through our desire to encourage the use and enjoyment of herbs. They can enhance various systems in the body while being a pleasurable experience. We offer only bulk teas which we feel have more vitality and better flavor. Bulk teas also allow us the flexibility to create new blends quickly and offer special blends to order. None of our teas should be used medicinally without the advice of your health care provider and are not intended to imply curative effects.

All of our herbs are grown on our farm, are wild crafted locally or come from a supplier of high quality and organically grown herbs.

To prepare a splendid cup of tea.

Method #1 Leaves and flowers are brewed by steeping. Bring water to a boil. Heating the teapot before the brew is always a good idea. Place 1 Tablespoon per cup, for a strong cup of tea, in your teapot and pour in boiling water. Let steep at least 5 minutes, strain and drink. A towel or tea cozy can keep the pot of tea warm if you will not be serving it all at once.

Method #2 Roots and seeds are simmered 20 minutes for therapeutic strength and at least 10 minutes for flavor. These can usually be simmered again with fresh water a second time.

Method #3 Herbs steeped or simmered can be brewed very strong to create a concentrate. This can be stored in the refrigerator and a small amount used with boiling water anytime you want a hot cup.

After Dinner Tea

Blended with a collection of traditionally used aromatic, tonic and digestive herbs, After Dinner tea has a sweet and mild mint flavor. Peppermint, lemon balm, meadow-sweet, ginger, fennel and sweet cicely are some of the stars featured in this blend.

Cold Comfort Tea

Cold comfort tea is a full flavored blend packed with nutritious herbs to help us through the fall and winter months. Some of the herbs have also traditionally been used to alleviate cold symptoms. Featured herbs in

this 14-herb tea are peppermint, nettle, alfalfa, red clover, rose hips, raspberry, chamomile and fennel.

Clear Breathing

This tea combines anise, marshmallow, hyssop, peppermint, echinacea, yarrow, elder and other herbs traditionally used to clear, soothe and repair breathing passages. Clear breathing has a tingly, mild and slight mint flavor.

Flower Garden

Flower garden is a summer favorite with an assortment of garden and exotic flowers and fragrant leaves and seeds. The stars herbs featured are chrysanthemum flowers, honeysuckle flowers, rose petals, jasmine flowers, orange flowers, anise-hyssop leaves and flowers, St. John's wort tops, hibiscus flowers, scented geranium leaf and fennel seed. Both the flavor and the aroma of this tea are quite wonderful.

Fresh Start

Fresh Start is a digestive support and enhancement tea including traditional favorites such as fennel, flax, fenugreek and peppermint, as well as cleansing herbs such as burdock, dandelion and cleavers and the nutritious nettle. With a clean, fresh taste, this is also a wonderful tea to use with a liver flush.

Geraldine's Immune Tea

This blend features astragalus, which is one of the favorites traditionally used Chinese herbs for stimulating the immune system. Other traditionally used herbs in this blend are of ti, dandelion, eleuthero, orange peel, licorice and a touch of stevia for sweetness. The flavor is sweet, earthy and comforting.

Green and Lovely

The base of this tea is a lovely organic green tea. The formula combines this with other traditionally used detoxifying and circulatory herbs such as nettle, gotu kola, ginkgo and others. Green tea flavor with a warm background taste.

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Heart Support

Blended with herbs traditionally used to nourish the heart, improve circulation and calm the nerves, heart support features motherwort, hawthorn berries, nettle, prickly ash, oats, skullcap, rosemary, peppermint, ginger and others. The hearty flavor of this tea is balanced with a fruity undertone and a rosemary accent.

Man Alive

The stars of this 18-herb tea blend are saw palmetto, oats, hawthorn berries and astragalus. These and other herbs traditionally used for toning the urinary, heart, circulatory and male reproductive systems are combined to create a pleasant and robust flavor. Supporting herbs include such favorites as fennel, ginger, dandelion, sarsaparilla and licorice.

Mineral Rich

A serious combination of horsetail, Kombu, Oats, Hawthorn, Nettle, Marshmallow, grapefruit and Lobelia full of silica and minerals.

Queen Burdock

This rooty blend of traditionally used blood cleansing herbs includes burdock, sheep sorrel, slippery elm bark, astragalus, dandelion, red clover and rhubarb rt. Expect a very earthy taste with wonderful feel as it glides down your throat.

Spring Cleaning

This wonderful tasting blend is our spring-time favorite. Featured herbs traditionally used for nurturing, cleansing and activating the liver, gall bladder, spleen and digestive functions after winter include dandelion, burdock, yellow dock, marshmallow, fennel, lemon balm, spearmint, citrus peel, fennel and ginger and others.

Stoneroot Tea

This tea focuses on traditional herbs for improving circulation, vascular health and conditions such as hemorrhoids. Stoneroot, hawthorn berry, cinnamon, ginger, prickly ash and grapefruit peel form the core group of herbs for this very earthy and slightly sweet tasting blends.

Urinary Tea

Agrimony, cleavers, yarrow, horsetail, marshmallow rt., uva ursi, couchgrass and cornsilk are combined with other herbs to create this mild tasting tea. These herbs have traditionally been used for cleansing and toning the urinary system. (*not to be used all of the time, as this blend is quite diuretic.)

Winter Solstice

A delicious blend of herbs traditionally used to aid digestion, circulation, the immune system and respiratory complaints featuring cinnamon, cardamom, cloves, ginger, licorice, astragalus, star anise and more.

Women's Harmony

Traditional tonic and nutritive herbs such as raspberry, nettle, ladies mantle, oats, fennel, cleavers, calendula and others combine to make a pleasant tea appropriate for women in all phases of life.

Women's Relief

Women's relief includes traditional hormone balancing, diuretic, nervine, lymph draining, tonic and nutritive herbs such as raspberry, don quai, chaste tree, cleavers, dandelion, skullcap, nettle, lemon balm, motherwort and more. A warm and serious flavor characterizes this tea.

Specialty Blending

We do custom blending and formulating. Ask if you would like a blend formulated for your store or for personal use.

Tea Strainers

Teaspoon style basket strainer or teapot style basket strainer.

Teego's

Reusable fill-your-own teabag.

Beans

We grow many varieties of beans each year. Choose from black coco, calypso, cranberry, Decker family or mixed. List second and third choices in case we are sold out of your first choice.

Candied Ginger

Select Australian ginger in an attractive glass jar.

Garlic Braids & Bundles

Seasonally available from harvest in July. Many unique varieties are available.

Tinctures

All Dona Flora tinctures are made with a base of vodka & grain alcohol. 1oz dropper bottles:

Black Walnut
Echinacea
St. Johnswort
Shepherd's Purse

Tincture Blends

Nervine

Scutellaria, valarian, melissa, vervain, ginkgo, oats.

Digestive

Fennel, tumeric, ginger.

Digestive Bitters

Gentian, agrimony, dandelion, milk thistle, horehound, wormwood, yellow dock, cascara, blessed thistle, artichoke leaf, oregon grape root, goldenseal.

Womens Blend #3

Chaste tree, wild yam, don quai, eleuthero, black cohosh, oat, motherwort, nettle.

Immune Boost

Echinacea, osha, propolis, poke root, myrrh.

Bronchial

Plantain, coltsfoot, hyssop, usnea, bloodroot.

Blood Purifier

Angelica, agrimony, burdock, calendula, cayenne, chapparel, dandelion, echinacea, yellow dock.

Uncle Bill's Tweezers

The best sharp little pocket tweezers!

Lanolin (anhydrous)

Packaged in a glass jars.